ORIGINAL ARTICLE – ABSTRACT

Title (Use sentence case, i.e. capital letter on first word and any proper nouns only) Title not in Bold Be short, accurate, and unambiguous giving your paper a distinct outlook - Begin with the subject of the study - Avoid excessive adjectives and noun strings
Running Title (not more than 50 characters)
Abstract (maximum 250 words) - No abbreviation to be used in abstract - Structured abstract - Include Four Subheadings - Background and Aims Methods Results Conclusion - Mention study type/design, sample number, time, place; include most important results only
Keywords 3-5 words, separated by semicolons Use Keywords from MeSH index – website http://www.ncbi.nlm.nih.gov/mesh



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ORIGINAL ARTICLE - BODY

Body of Original.Articles (excluding reference) (maximum word count - 3000 words and maximum of 5 tables/figures to be attached)

Section One - Introduction

- Introductions should be short which tells the reader why you undertook the study
- Divide the Introduction into three parts
 - a. The first paragraph should be a very short summary of the exiting knowledge of your research area.
 - b. This should lead directly into the second paragraph that summarizes what other people have done in this field, what limitations have been encountered with work to date, and what questions still need to be answered.

c. This, in turn, will lead to the last paragraph, which should clearly state what you did and

why. Do not write conclusion in this section



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Section Two - Methods

- it should include three questions: How was the study designed? How was the study carried out? and How was the data analyzed?
- Please do not embed/put Figures and/or Tables in this document, provide a separate file/s [Refer to the end of this document for more information]

Mention following, in order of their appearance, and writing in past tense or passive verb

- I. Study type and study design
- II. Place and duration of study
- III. Sample size and Sampling method
- IV. Methods of data collection
- V. Ethical Approval and Patient consent
- VI. Inclusion and exclusion criteria
- VII. Protocols followed (if any)
- VIII. Statistical analysis and software used



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Section Three – Results

You should use an interesting sequence of text, tables, and figures to answer the study questions and to tell the story without diversions. Remember that results and data are not the same thing. You do not need to repeat numbers in the text that are already presented in a table or a figure.

- It is essential that you are consistent in the use of units in your reporting so that readers can make valid comparisons between and within groups. JAIM require you to use Système Internationale (SI) units
- Only significant results must be shown under this heading
- Use a mixture of text, tables, and figures
- Avoid using percentages unless the group has more than 100 subjects
- When condensing results give the number of subjects, the range of results, the central tendency (mean± SD), and the spread (confidence interval for the mean)
- If you have done an analysis of variance give the estimates with their degrees of freedom and p values
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Section Four - Discussion

- Discuss major findings. It should not merely be a repetition of results section. Only duplicating data from results section into this heading is NOT allowed
- Avoid unnecessary explanation of someone else work unless it is very relevant to the study. Other studies should be quoted in relation to the findings of the present study.
- Provide and discuss with the literatures to support the study
- Mention about
 - Limitations of your study (if any)
 - o Confounding factors
 - o Possible implications which are not mentioned in the abstract
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Section Five - Conclusion

In order of their appearance

- I. What did this study show? Address the aims stated in the Introduction
- II. Strengths and weaknesses of methods
- III. Discuss how the results support the current literature or refute current knowledge

IV.	Future directions "So what?" and "where next?" Impact on current thinking or practice
Also r	nake note of the following
V.	Give recommendation (if any) from this study
Section S	x - Acknowledgement
	cknowledge any person or institute who have helped the study
- N	Take acknowledgement short and do not add praise or literature in this section



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- Abide by JAIM guideline Vancouver citation method.
 - o For more information JAIM citation guideline http://db.tt/HG27Q5Og
 - The official guide to the Vancouver style, with examples of the things included on this website http://www.nlm.nih.gov/citingmedicine.

- Maximum number of references for Original Article - 60



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- 6. Format the manuscript in a single column
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- 1. Numbers less than 10 should be written in words.
- 2. Numbers 10 or more should be written in numbers.
- 3. Words not numbers begin a sentence.
- 4. Be consistent in lists of numbers.
- 5. Numbers less than 1 begin with a zero.
- Do not use a space between a number and its percent sign.
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- 8. Report percentages to only one decimal place if the sample size is larger than 100.
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- 11. Do not imply greater precision than your measurement instrument.
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- 13. Rules for data numbers do not apply to citations to the
- 14. Us the metric system throughout; use of appropriate SI Units is encouraged. If using other, more commonly used units, give the SI equivalent in parenthesis.

USE OF TABLES, FIGURES AND IMAGES

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- 2. Title/legends provided in no more than 40 words
- 3. For borrowed materials credit note must be provided in the figure/table/image itself.
- 4. Keep the table/figures simple and uncluttered as possible
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Use of Tables

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- 6. Avoid tables created with the tab key, pictures, and embedded objects
- 7. Fancy borders, shading, 3d effects, multiple grids are both distracting and unnecessary
- 8. Prefer grey shades of tables and figures
- Scientific table have few horizontal lines and no vertical lines. Usually only three horizontal lines (above and below the column headings, below the table)
- 10. Tables should be formatted so that they have to be read horizontally (left to right) the natural reading style

Use of Figures

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Show trends in data (as graphs)

Attachment – Send JPEG or TIFF file/s along with this template file. Do not embed/put images/photographs/figures in this template file.

- 11. Do not use Pie charts, 3d bar diagrams, as Figures
- Figures should be simple to interpret, uncluttered, and free of extra lines, text, dimensions and other gimmicks.
- 13. Prefer common data-presentation formats in figures: Column charts/bar charts; Line charts; Scatter plots

Use of Images/photographs

- 14. Do not create math equations or tables as pictures
- For Images and photographs, use TIFF or a high resolution JPEG and send this as attachment
- Figures necessitate good quality –
 300dpi with minimum resolution of 800x600 pixel

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- 17. Refer to all the tables/figures in the text
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